

REFLECTIONS ON TODAY:

WORD OF THE DAY:

WHAT I FOUND BEAUTIFUL:

LOVED ABOUT MYSELF

1. _____

2. _____

3. _____

NOTES:

WHAT CHALLENGED ME:

WHAT SURPRISED ME:

LOVED ABOUT OTHERS

1. _____

2. _____

3. _____

NOTES:

WHAT CAN I IMPROVE ON TOMORROW:

PRAYER / PRAISE:

